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HIGH MARK WELL SERVICING Ltd



HMWSL – STAY SAFE BULLETIN DRUG & ALCOHOL POLICY ANNUAL REVIEW

A recent statistic indicates that in 57% of road fatalities, either alcohol, drugs or a combination of both were found to be present in the victims. Therefore, it is not surprising that drug and alcohol testing is growing in frequency, not shrinking.

Drug testing is not the only way to determine that there may be problems in your workplace. It may also be prudent to consider the following clues that signal possible drug and alcohol problems.

- * Frequent, prolonged, and often unexplained absences;
- * Involvement in accidents both on and off the job;
- * Erratic work patterns and reduced productivity;
- * Indifference to personal hygiene;
- * Overreaction to real or imagined criticism;
- * Such overt physical signs as exhaustion or hyperactivity, diluted pupils, slurred speech, a persistent cough or an unsteady walk.

If you perform annual Job Performance Evaluations at this time of the year, which by the way you are strongly recommended to perform, it may be worthwhile to consider whether the above characteristics exist within your workforce.

Companies are advised to ensure that the rules in regards to drugs and alcohol are clearly spelled out to the workforce. A measure of education is also very valuable.

It is suggested that Companies must strongly recommend to their employees that they self-refer and seek assistance in dealing with any drug and alcohol problems before they manifest themselves as problems in the workplace. Often, when an employee only confronts his problems once they start influencing their work life, it can be too late to make significant changes in a timely manner.

As management, doing nothing about a potential hazard, you are effectively condoning the behavior and are therefore liable should a safety even occur where drugs or alcohol are a factor.

JUST FOR LAUGH'S

Why Men Shouldn't Write Advice Columns

Dear John: I hope you can help me. The other day I set off for work, leaving my husband in the house watching TV. My car stalled and then it broke down about a kilometre down the road, and I had to walk back to get my husband's help.

When I got home I couldn't believe my eyes. He was in our bedroom with the neighbour's daughter! I am 32, my husband is 34 and the neighbour's daughter is 19. We have been married for 10 years.

When I confronted him, he broke down and admitted they had been having an affair for the past six months. He won't go to counselling, and I'm afraid I am a wreck and need advice urgently.

Can you Help?
Sincerely, Sheila.

Dear Sheila,

A car stalling after being driven a short distance can be caused by a variety of faults with the engine. Start by checking that there is no debris in the fuel line. If it is clear, check the vacuum pipes and hoses on the intake manifold, and also check all grounding wires.

If none of those approaches solves the problem, it could be that the fuel pump itself is faulty, causing low delivery pressure to the injectors.

I hope this helps.
John



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